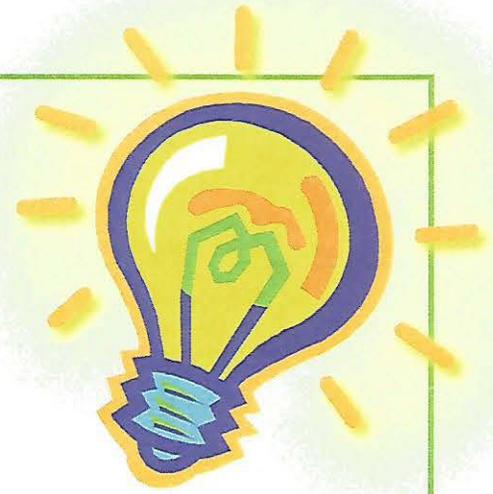


# Lighting the Way



## Lesson 2

### Psalms of Trust and Praise

**Theme:** Praise – Praising God for His loving care

#### Memory Verse

“Shout joyfully to the Lord, all the earth. Serve the Lord with gladness; Come before Him with joyful singing. Know that the Lord Himself is God; It is He who has made us, and not we ourselves; We are His people and the sheep of His pasture. Enter His gates with thanksgiving, And His courts with praise. Give thanks to Him; bless His name. For the Lord is good; His lovingkindness is everlasting, And His faithfulness to all generations.”

Psalm 100

#### Daily Bible Readings

Thursday	Psalm 23
Friday	Psalm 56
Saturday	Psalm 66
Monday	Psalm 100
Tuesday	Psalm 103

**M**any psalms are poems or songs about trusting and praising God. These psalms tell us why and how we should trust and praise Him.

#### Trusting God

We live in a world where many bad things happen every day. Sometimes we cause bad things to happen because we do not follow God’s way. At other times bad things

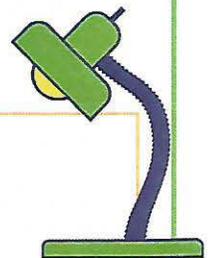
#### Psalm 23

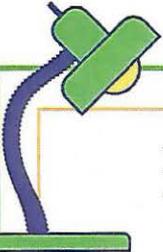
List three things the shepherd does for his sheep.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Why does the sheep have no fear even in “the valley of the shadow of death?”

- He doesn’t know he’s lost.
- He can’t see.
- God is with him.





## Psalm 56

Trust is:

pride      confidence      grace

Name two things the psalmist says others did to him:

1. \_\_\_\_\_

2. \_\_\_\_\_

Why is the psalmist not afraid?

just happen. But God always takes care of His people. This does not mean God stops all bad things from happening, but that He is always with those who love Him. He has the wisdom and power to cause all things to work together in the best way.

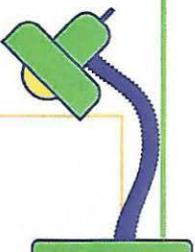
God knows all about us and our problems. We can live the way God wants us to and trust Him to take care of us. Trusting God means relying on Him to do what is right and best for us. One psalmist wrote, "In God I have put my trust; I shall not be afraid. What can man do to me?" (Psalm 56:4, 11)

## Praising God

Praising God means honoring Him. Other words in the Bible that describe praising God are "honor," "glorify," and "bless." We honor God because of who He is and for all He has done for us. Here are some Psalms of praise to God.

Psalm 66 is a song of praise for the way God led and took care of His people. He provided for them and sometimes punished them. The psalmist said he would praise God with both songs and sacrifices.

Psalm 100 is a short but strong song of praise



## Psalm 66

Name two things in this psalm that show God is great.

1. \_\_\_\_\_

2. \_\_\_\_\_

In what two ways did the psalmist say he would praise God?

songs      sacrifices      building



### Psalm 100

As he begins the song, the psalmist calls people to do what to praise God?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

to God. The psalmist says that God made us and that we are His people. He says that God is good and kind. We can use Psalm 100 to thank God and honor Him.

Psalm 103 is a song that calls on everyone and everything to praise God. The psalmist begins by saying, “Bless the Lord, O my soul,” and he ends by calling on

angels, plus the sun, moon, stars, and all God’s works to bless Him. The psalmist writes about all the good and great things God has done. He is especially aware of God’s wonderful forgiveness. When he thinks of all this, he calls on everyone and everything to praise God.

We should trust God completely and praise Him from our hearts. He is a good and great God!

### Psalm 103

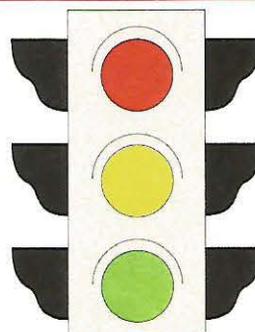
*Read the verses listed on the left and draw a line to the things God does that are listed on the right.*

- |               |                         |
|---------------|-------------------------|
| 3 and 12      | He does what is right   |
| 6 and 17      | He is loving and caring |
| 4, 11, and 13 | He forgives sin         |

How are people like “grass” and “flowers”?

- They are different colors.
- They die.
- They need water.

I try to praise God  
for all the great things  
He has done.



Put an X in the light  
that best describes you.

**Red** — usually not

**Yellow** — sometimes

**Green** — all the time



Create a psalm of your own that tells God why you praise and trust Him. Use examples from your life as the Old Testament psalmists did.

## Shine a Light on the Bible Facts



How many books are in the New Testament?

Right here, right now, write from memory Genesis 1:1.

On a map inside the back cover, mark with a  $\diamond$  the Wilderness, Mount Nebo and Jericho.