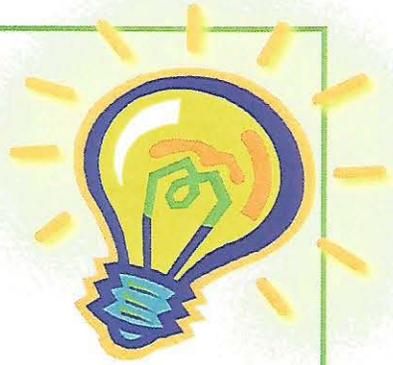


Lesson 5

Psalms About Jesus

Theme: Inspired Scripture – Describing the coming Messiah in Psalms



Sunday Morning Lesson

Pre-Class Activity

Bible Facts: Shine a Light on the Bible Facts

Memory Verse: Make or purchase heavy card stock footprints, both right and left. Print each word of the memory verse on a footprint, alternating right and left. Arrange the footprints in order to make a trail, so that a student can step on the words and say them. Have students walk the trail and say the Memory Verse. Since you are introducing a new Memory Verse, have them walk the trail and say the verse a few times. Place sentence strips in the pocket chart to show the verse. Talk about Who? What? When? and Where? in connection with the verse.

Prayer

Teaching Today's Lesson

1. For non-reading students, read Psalm 110:1-2, 4. Have reading students find and mark Psalm 110:1 in the classroom Bibles.
2. Ask students to bring the Bibles and move to the Bible story area.
3. Introduce Lesson Graphics using "A Great Find" as described on page 9 in this Guide.
4. Tell the story using the *Lighting the Way Lesson Graphics* and other props.
5. Tell the story and teach the lesson emphasizing the following scenes and points, tailored to the students' ages:
 - Inspired means "God-breathed."
 - Men were inspired to write God's Word in the Bible, meaning God oversaw what they wrote.
 - In the Psalms, David was inspired to write about Jesus hundreds of years before Jesus was born.
 - Messiah means "anointed Savior."
 - Jesus is the Messiah, or anointed Savior.
 - God sent Jesus as the Messiah to save people from sin.
 - David wrote in the Psalms that Jesus would someday sit at God's right hand.

- Jesus is at God's right hand now.
- We can trust that Jesus will come again to take us to live with Him forever.

6. Psalms about Jesus – Psalm 110

Main Idea: We have things and people against us – our “enemies;” God will help the king win over his enemies.

Illustrations: Sitting at the right hand of God – a special place of power and authority; winning the battle; enemies being a footstool

What we say to God: Thank you for giving us a good and great king; thank you for helping the king win for us.

Our song: Jesus, Name Above All Names

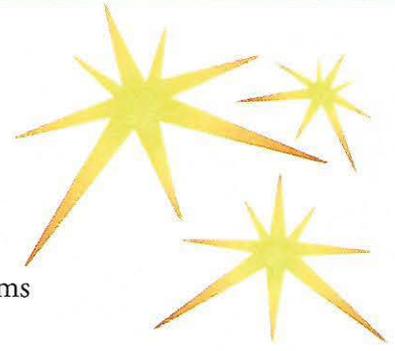
7. Many psalms about Jesus feature a king. Since we have a democratic form of government – of the people, by the people, and for the people – we have to work at understanding rule by a king. Discuss with your students the authority and role of a king. Ask them to discuss what they already know about kings, such as they wear a crown and sit on a throne, and what these mean. Be sure to guide them to think about the king's absolute authority and how one can easily be a bad king by abusing his power. Turn to the psalms included in the lesson and read verses related to a king. Ask students to help you find and list things about a king that help us know and respect Jesus.

**Things to Get or Do
for Sunday Morning**

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Lesson 5

Psalms About Jesus



Theme: Inspired Scripture – Describing the coming Messiah in Psalms

Wednesday Night Lesson

Pre-Class Activity

Bible Facts: Shine a Light on the Bible Facts

Memory Verse: Using the footprints from Sunday, place them in a trail but pull out several key words, scattering the missing words around on the floor. Have students work together to place the footprints in the correct order to complete the trail. Have students walk the trail and say the verse. Place sentence strips in the pocket chart to show the verse.

Prayer

Starter

People in the United States usually don't know much about a king. We have a government of the people, by the people, and for the people. We elect our leaders and, if we don't think they do a good job, we elect others. Having a king is different. A king comes to power and is king for his lifetime, whether people like it or not. When the king dies, one of his sons often becomes king.

A king has power to do what he wants to do. If a king is unselfish, wise, and kind, his people will be happy and content. If a king is selfish and cruel, his people will suffer. God gave His people kings to lead them. He wanted the kings to do more than lead the nation into battle. God wanted kings to lead people in His way. Most kings of God's people failed in doing what God wanted them to do. Finally, God gave a King who would lead people in exactly the right and best way. This King saves. This King is ... Jesus!

Illustrations and Applications

1. *Objective: Focus on the featured psalm – Psalm 110*

Review the Psalm featured in the Sunday morning lesson. Lead students to help you remember the main idea, illustrations, and what we say to God. Sing with them the song related to the Psalm.

 2. *Objective: Illustrate enemies being a footstool*

Bring a short stool or ottoman to class that is a height that the students can use. Set the stool in front of a chair and let the students take turns sitting in the chair and propping

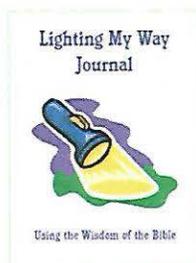
up their feet. Talk with the students about how they feel with their feet propped up on the stool – relaxed, comfortable, as if he or she is “in charge.” Now choose two students for a demonstration. Remove the stool from in front of the chair. Have one student sit in the chair while the other student gets on his hands and knees and serves as the “stool.” After a moment, have the two students reverse their roles. Talk about how the positions of sitting and being a stool relate to each other. Ask how each one feels. Make the application that God will make a king’s enemies his footstool (Psalm 110:1). What does this mean?

3. Objective: Illustrate sitting at the “right hand”

Set up a scene with two chairs. One is for the “king,” who is the teacher, while the other is nearby on the right side of the king’s chair. Select a student to “sit at the right hand.” Have other students come before the “king,” kneel, and give information or make a request. The student at the king’s right hand sees and hears everything the king sees and hears. This person has close and special access to the king and does not have to wait to come before the king like the other students. Read the first half of Psalm 110:5. Discuss what the psalmist means when he writes that the Lord is at God’s right hand. Hebrews 1:3 says that when Jesus made it possible for people to be clean from sin, “He sat down at the right hand of the Majesty on high.” What special place does Jesus have since He sits at God’s right hand?

4. Objective: Illustrate the difficulties and challenges of good leadership

Tell each student that he or she will sit on the “throne” and make a rule for everyone else to follow. Give the students a few moments to think of their rules. Allow each student to sit on the throne as king or queen and give his or her rule to the others. Write down each rule on a card. Once all the rules are established, ask the students to evaluate each one as to whether it is selfish (“S”) or unselfish (“U”). Write a big “S” or “U” on the back of each card as the class decides. Talk about how easy it is to make selfish rules. Discuss how we need leaders who are fair, just, and kind. God has given us such a King in Jesus!



I think being a leader is hard because ...
This will help me ...

**Things to Get or Do
for Wednesday Night**

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