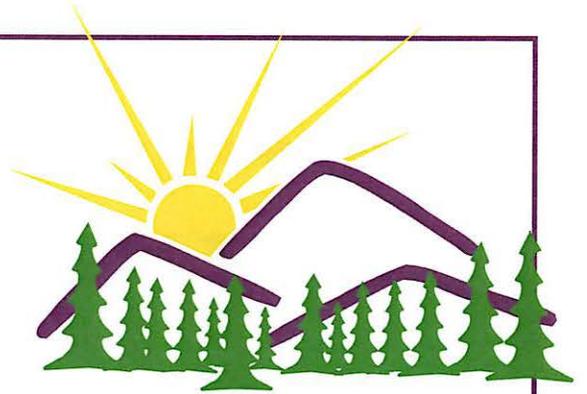


# Cain and Abel: Sin Takes People Away from God



**Theme:** Obedience — Loving and respecting God

## Sunday Morning Lesson

**Pre-Class Activity:** Reproduce the worksheet on the next page of this Guide so each student will have one at his or her desk. As they arrive, have the students work on the activity. For younger students, place pictures of both good and bad actions down the center of the page. Have students put a red dot beside the good actions and a black dot beside the bad ones.

**Bible Facts:** Brush Up On Bible Facts

**Memory Verse:** Have Memory Verse strips face down and out of sequence on the floor in front of the pocket chart. Have the students unscramble the strips and place them correctly in the pocket chart.

Prayer

Lesson of the Day

Ideas for Telling the Story

1. In the classroom Bibles, find and read together Genesis 4:3-7.
2. Have one student use a pointer to point out on the time line when today's lesson events took place. Discuss the fact that Cain and Abel were the sons of Adam and Eve.
3. Take Bibles and move to the Floor Map Bible Story Center.
4. From the *All Things Made New Gift Box*, show the Lesson Graphics as you tell the story of Cain and Abel, Cain's sin, and his punishment. Use a baby doll from the *Gift Box* to tell about the birth of Seth.
5. Let students retell the story using the Lesson Graphics and the doll, OR the teacher retells the story with mistakes and let the students correct them.
6. Have flash cards with questions from today's story. Review and reinforce the main points with the cards.

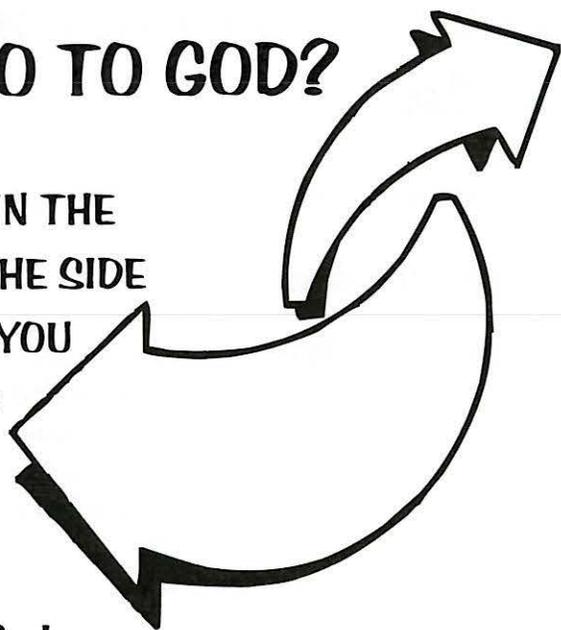
### Things to Get or Do for Sunday Morning

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Name \_\_\_\_\_

# WHAT HELPS US GO TO GOD?

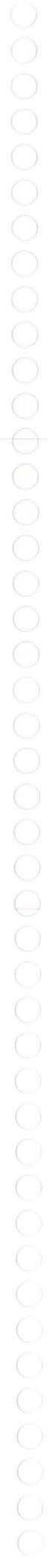
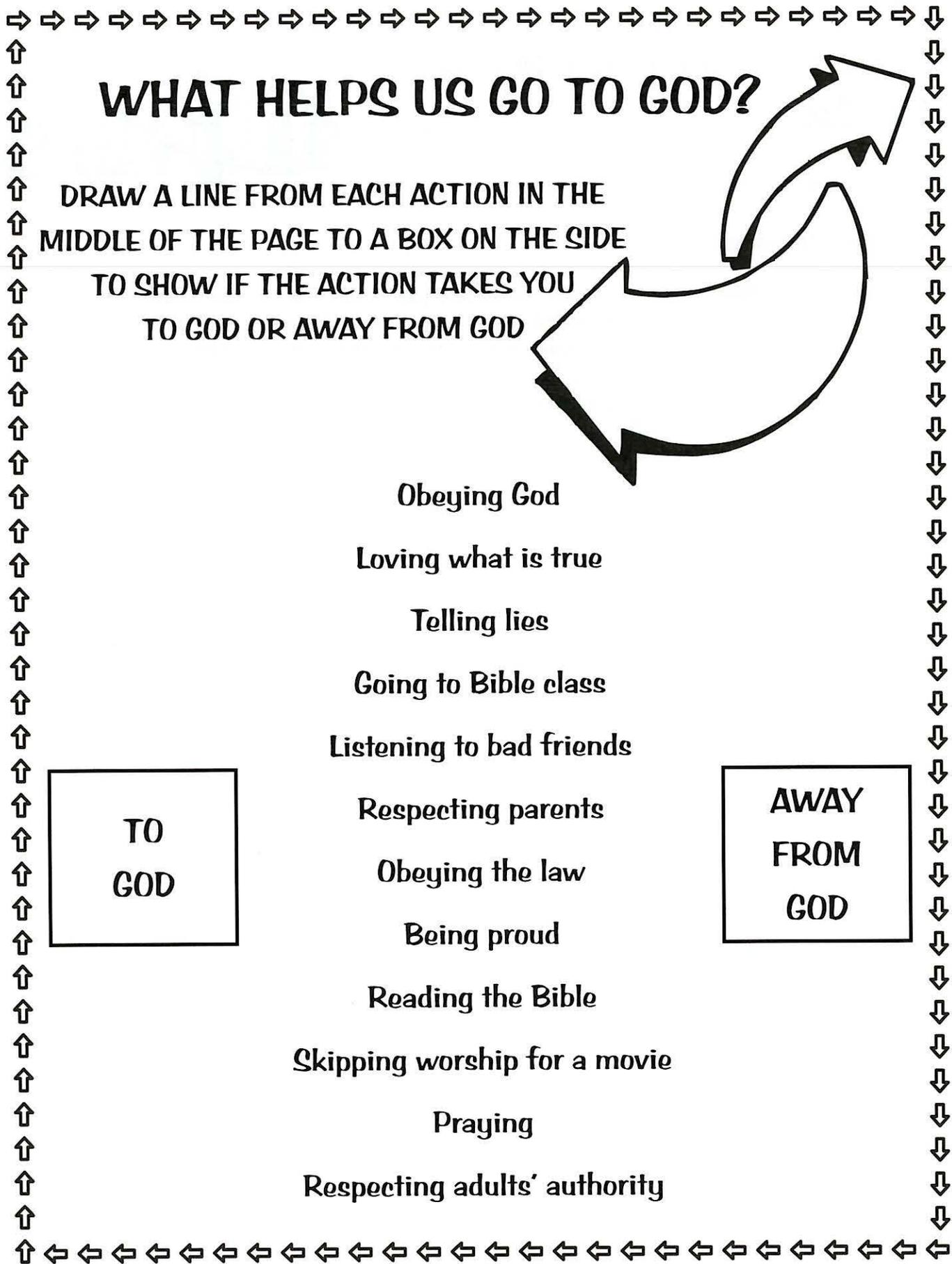
DRAW A LINE FROM EACH ACTION IN THE MIDDLE OF THE PAGE TO A BOX ON THE SIDE TO SHOW IF THE ACTION TAKES YOU TO GOD OR AWAY FROM GOD



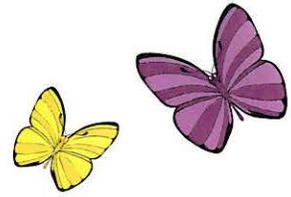
TO  
GOD

AWAY  
FROM  
GOD

- Obeying God
- Loving what is true
- Telling lies
- Going to Bible class
- Listening to bad friends
- Respecting parents
- Obeying the law
- Being proud
- Reading the Bible
- Skipping worship for a movie
- Praying
- Respecting adults' authority



## Wednesday Night Lesson



**Pre-Class Activity:** For younger students: Prepare a worksheet that shows Cain going away from God. Make the line that shows his going away connect-the-dots.

For older students: Prepare a worksheet that tells the story of Cain and Abel, but put in wrong facts. Students are to cross out the mistakes. When class begins, read through the story with the students and have them correct the mistakes.

**Bible Facts:** Brush Up On Bible Facts

**Memory Verse:** Have the Memory Verse strips scrambled in the pocket chart. Have the students straighten them out and arrange them correctly. Talk about the Memory Verse and why it is good to learn it.

### Prayer

### Starter

A boy named Kevin stole some money from his dad's desk. Kevin didn't think anyone knew what he did, but the next day his dad asked about the money. Kevin admitted he had taken it. Kevin felt bad about what he did and told his dad he was sorry. The worst part was when his dad said, "Son, I wish you had not done this. Now it will be a while before I can trust you again." Kevin felt even worse because he was close to his father, and he wanted his dad to be proud of him. Kevin learned that sin can take us away from people we love and who love us. He worked hard to please his dad after this and after a while earned his trust again.

Cain learned the same lessons in a much harder way. Sin separated Cain from his family, and he spent the rest of his life with no real home. But worst of all, sin separated Cain from God. We read these sad words in the Bible: "Then Cain went out from the presence of the Lord" (Genesis 4:16). The story that began with Cain's coming before God with an offering ends with Cain's going out from God's presence. That's what sin does. It takes us away from God.



### Briefly Review the Lesson from Sunday Morning

### Ideas for Illustrating and Reinforcing the Story

1. *Objective: Help students decide good and bad actions in others and then in themselves*

- Make a hand-held object for each child — a craft stick with round faces attached at one end. One side is a smiling face; the other side is a frowning face. Patterns to copy are found on page 72 of this Guide. Describe the actions of Cain and Abel and have the children show you the appropriate happy or sad face. Make application by describing various situations children may be

in or decisions they have to make. Have the children show you the appropriate happy or sad face, indicating whether the actions or attitudes will please God or not.

2. *Objective: Demonstrate anger and jealousy as strong emotions*

- ☀ Make small stand-up figures for Cain and Abel. Make a stand-up card with God's name printed on it. Graphics for the figures are on page 73 of this Guide. Have some of the students speak for Cain and some speak for Abel. The teacher speaks for God. Move the figures toward God, showing Cain and Abel bringing their sacrifices to God. Have each one say, "Lord, here are my sacrifices to honor you." God accepts Abel's sacrifice, heaping compliments on him; but God rejects Cain's sacrifice as not good. Cain gets mad. God talks to him about sin and explains that he can do what is right and how his sacrifice can please God. Instead of changing himself, Cain just gets madder and madder until he kills his brother Abel.

Have you ever been so angry with someone that you wanted to hit him as hard as you could? Or have you been so jealous that you would do almost anything to have what someone else has? Our feelings can be so strong at times that, if we don't control them, we'll do something we normally would not do. This happened to Adam and Eve's son Cain. By making wrong choices, Cain brought trouble to himself and went away from God.

3. *Objective: Impress on children what it means and how it feels to be sent away and not a part of the group*

- ☀ Have students choose blank folded cards out of a basket. One card will have an "X" on it. Send the student who gets the "X" to the far corner of the room with his or her back to the other students. Discuss how he or she feels. Return the cards to the basket, but remove one blank card. Return the separated student to the group, but he no longer takes a card. Continue the activity until each student has been sent away and made to keep his or her back to the others. Discuss the feelings children had when separated from the others. Make application to Cain's being sent out of God's presence. Talk about the consequences of sin.

4. *Objective: Discuss that choices have consequences*

- ☀ Prepare several cards that have actions printed on them that children might take. Suggestions for the actions are listed below. Have a student draw a card and read the action printed on it or the teacher reads it. Have the students talk about what the results of the action may be. Discuss the fact that choices have consequences.

- cleaning my room as my parents told me to
- hitting my brother or sister
- talking or misbehaving in worship
- jumping into a swimming pool without permission
- doing my Bible lesson each week

**Things to Get or Do  
for Wednesday Night**

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